

# You're Invited to the 22<sup>nd</sup> Annual Benefit Fair!



Plumbers Local Union No. 1 Welfare Fund Home of Your Employee Benefits

## Wednesday, October 18th: 3:00pm - 6:00pm

Plumbers Local Union No. 1 Headquarters - 50-02 Fifth Street, Long Island City

October Membership Meeting will begin immediately following the Benefit Fair Annual Blood Drive will be held during this event

Let's Make October Your Health Care Month

Visit our new portal at MyBenefits.nypl1f.com

Prevention Rather Than Cure

### **Retirement Planning**

- United Association National Pension Fund
- Empower Financial 401(k)
  Savings Plan
- Call the Fund Office **now** to schedule your one-on-one consultation with Empower between 10:00am - 6:00pm

#### Refreshments/Give-a-Ways

- Refreshments
- Give-a-Ways
- Raffle Prizes\*
- \* Sponsored by Local 1, ACP and your Service Providers

#### Benefit Information

- Aetna Medicare Advantage Plan
- Live Health Online
- Member Assistance Plan
- o 24/7 Nurse Line
- Meet your Service Providers

#### **Preventive Care**

- Seasonal Flu Shots\*
- Diabetes Awareness\*
- Therapeutic Massage\*

\* Sponsored by your Service Providers

You can better ensure wellness and good health by taking advantage of <u>free</u> annual physical examinations and other preventive screenings!