



You're Invited to the 23rd Annual Benefit Fair!



Plumbers Local Union No. 1 Welfare Fund
Home of Your Employee Benefits

Wednesday, October 16th: 3:00_{pm} - 6:00_{pm}

Plumbers Local Union No. 1 Headquarters - 50-02 Fifth Street, Long Island City

October Membership Meeting will begin immediately following the Benefit Fair
Annual Blood Drive will be held during this event

**Let's Make
October Your
Health Care
Month**

Visit our new portal at
[MyBenefits.nypl1f.org](https://mybenefits.nypl1f.org)

**Prevention
Rather
Than
Cure**

Retirement Planning

- United Association National Pension Fund
- Schedule your one-on-one session with a representative from Empower by visiting:

<https://ualocal1.empowermytime.com/>

Benefit Information

Meet our Providers:

- Anthem BC/BS
- CVS/caremark®
- Optum Behavioral Health
- Cigna Dental
- Vision Screening and CPS
- Aetna Medicare Advantage Plan
- Segal Consulting

Refreshments/Give-a-Ways

- Refreshments
- Giveaways
- Raffle Prizes*

* Sponsored by:
Local 1, the ACP
and your Service Providers

Preventive Care

- **NEW FOR 2024**
 - Biometric Screenings
 - Pulmonary Function Testing
 - Skin Cancer Screenings
- **RETURNING FOR 2024**
 - Seasonal Flu Shots
 - Diabetes Awareness
 - Therapeutic Massage

You can better ensure wellness and good health by taking advantage of **free** annual physical examinations and other preventive screenings!